

Moving Mandala

Shamanic Training Retreat

Sept 12th - 15th, 2019

Sacred Waters / Sacred Flame



Join Moving Mandala Teachers/Shamanic Practitioners; **Brenda Marita Mason & Lori Folkins** (Certified Sundoor Firewalk Teacher/Trainer) with special assistance from Moving Mandala Practitioner - **Vicki Larramore &** Sacred Fire Keeper/Certified Sundoor Firewalk Teacher, **Jeff Smyth** as they, guide and explore ways to dance with the energies of Sacred Water & Sacred Flame.

Held safely in community support and within the creative container of the 12 Pointed Star Mandala, participants will receive 7 shamanic initiations corresponding to the 7 Chakras and related Elements. Through Shamanic Journeywork, Creative Expression, Song, Story Telling, Drumming, Colour Work, Dance, Firewalk Ceremony (whether you dance with the fire or simply witness and support others - is up to you), Sacred Sacred Water Ceremony and much more, participants will journey into the mystery of Being, into the rainbow, into that magical space between the physical and mythical realms, where the skies touch the misty waters and we are home. Whether you practice Yoga, Shamanism, Meditation, Energy Medicine, Intuitive Movement or any Earth-Based Spiritual Practice, you may be a candidate for this powerful Shamanic Training Retreat.

Where: Sandy Cove, Digby County, Nova Scotia, Canada.

A beautiful and Magical land surrounded by Ocean, Lake, Waterfall and Mountain Forest.

When: 4:00 pm, Thursday, Sept 12th - 6:00 pm, Sunday, Sept 15th/ 2019

Cost: New Participants \$650 & Moving Mandala Practitioners \$545

Vegetarian Meals, & Shared Accommodations included. *Shared inside Cottage or outside (tenting) accommodation - inside is first come first serve.* (Limited to 12 new participants and 20 people maximum).

Contact: Brenda Marita Mason brendamarita@live.com, or Lori Folkins afolklor@gmail.com for more information on this this transformative retreat. A nonrefundable deposit of \$200 is required to hold your spot. For more information on the training see Nancy Dancing Light's (Creator of The Moving Mandala) Travellers Joy Website; <http://www.travellersjoy.ca/mandala.html>

